

## **KOVED CARE FAMILY EDUCATION AND SUPPORT PROGRAM.**

### **Real world education and confidential peer support for families that have a loved one living with psychiatric illness.**

When a family member is diagnosed with psychiatric illness, the effect on the family can be overwhelming, confusing, fragmenting, and often heartbreaking. There are so many questions surrounding the care of the one they love. What's the nature of the illness? What should we expect in terms of recovery? What are the legal issues? What are the financial implications in terms of asset management and estate planning? How can we best help? What should we avoid doing so we don't undermine recovery?

Families are looking for expert answers specific to their unique situation and resources. They also need coping strategies and emotional support from other families who know where they're coming from—all the medical, emotional, legal, and financial issues that families, just like them, have to consider.

Certain families have confidentiality peer support requirements that cannot be easily addressed in the context of conventional community-based resources. Koved Care has designed a unique program to fill that gap.

### **An 8-week program with long-term benefits.**

An understandably common, but often counterproductive, reaction families have when faced with psychiatric illness is to quickly act without sufficient information or planning. The Koved Family Education and Support Program empowers families to take a more strategic approach, get the information and professional guidance they need first—and apply it to they can make decisions on care that make the most sense both in the short and long-term.

Each week, the program brings together the benefits of a psychiatric education session, educational modules presented by experts from across the continuum of care and a peer support discussion.

The first portion of each session will feature a psycho-education module. This will be followed by an expert presentation of real-world solutions to unique challenges relating to quality of life optimization for clients with mental health issues:

- Eliminating Stigma Within The Family In Order To Support Recovery.
- Nuances Of Mental Hygiene Law: Family Rights And Legal Requirements
- Trust And Estate Law: Asset Protection And Special Needs Trusts.
- The Value of Out-Patient Diagnosis and Additional Diagnostic Opinions; why patients provide different views of their condition to different practitioners in different settings.
- The Diagnosis and Treatment landscape
- Funding Strategies for Long Term Support of Chronically Ill Clients.
- The Residential Treatment Landscape

The second hour will be a confidential peer support discussion group led by one of our Care Managers. By providing a safe place to share their questions, struggles, and care-giving strategies, families can learn from each other and help sustain each other through the challenges of living with and caring for someone with a psychiatric illness.

Participants are drawn from families of current Koved clients as well as other families seeking high-touch guidance from experts in the psychiatric, legal, and financial fields, and confidential peer-group support.

## How to Sign-Up

The first Koved Family Education and Support Program will begin on October 1, 2014, in New York City. To register for this upcoming program or receive more information please call Koved Care at: (212) 956-1000 or email Koved at: [inquiry@kovedcare.com](mailto:inquiry@kovedcare.com).

### *About Koved*

*Koved Care provides concierge quality service to psychiatric, addiction recovery and geriatric clients. Koved tailors its care and support to optimize quality of life and support clients in achieving their unique life goals – to thrive not just survive.*

*For psychiatric and addiction recovery clients, Koved bridges the gaps in care and support for those whose needs cannot be met by conventional Care Management and Homecare service providers. For geriatric clients, we strive to restore and/or maintain the greatest possible degree of independence and autonomy.*

*The company provides unique solutions for clients, their families and their professional advisors (e.g., trust officers, financial managers, family office managers, private bankers, MD's, therapists, etc.) to understand, address and plan for both current and evolving care and support needs.*