

CARE COACH POSITION DESCRIPTION

Care Coaches provide qualified in-home support for psychiatric and addiction recovery clients, as determined by the Care Plan and in consultation with the Care Manager.

The role is centered on providing a life-coaching interaction that includes self-management and self-redirection from pathological behaviors and thoughts. Care Coaches support clients through the steps of the Care Plan to complete their rehabilitation goals. Care Coaches do not function as therapists and do not provide any licensed services.

Care Coaches are a vital part of helping the client achieve recovery, independence and long-term stability. Care Coaches usually have a Master's degree in Social Work or Clinical Psychology, Psych-Tech or Psych-LPN certifications, and at least five years of experience working with psychiatric clients. Some CNAs or other candidates with in-patient and community based psychiatric experience may also function as Care Coaches.

CARE COACH TASKS/RESPONSIBILITIES

- Procedural/Operational:
 - Supervise personal care, provide compassionate life coaching and companionship.
 - Maintain safety needs and follow proper communications protocol in case of an emergency.
 - Report the client's condition and any changes to the Care Manager and send progress notes to Care Manager at the end of each shift.
- Daily Routine:
 - Support clients in developing the routines, habits and life skills essential to progressing through the stages of the Care Plan, and to achieve the highest manageable level of independence and long-term stability.
 - Level 1-3 Life Skills coaching:
 - 1. Motivate client to adhere to a regular schedule regarding meals, routines, chores, exercise and self-care. Assist in organization of household, grocery shopping, and medication reminders.
 - 2. Provide assistance to client in budgeting allowances, making wise personal finance choices, and managing financial accounts. Motivate client to maintain regular exercise schedule, and participation in hobbies.
 - 3. Consult with clients on long term professional goals, planning for milestones and creating benchmarks. Provide support in job search, as well as aid with coping mechanisms for stressful situations including social interaction, relationships with friends, and family relationships.

QUALIFICATIONS

- Must have one of the following degrees/licensures: LCSW, MSW, MFT, Master's degree in Social Work or Clinical Psychology, Psych-Tech or Psych-LPN certifications
 - Current CPR license desirable
- Minimum 1 year of experience in an acute/residential psychiatric treatment setting or community-based treatment setting.
- Experience working 1:1 in-home with clients desirable.